



Being a volunteer offers lots of benefits

Volunteering to help improve the lives of people who are blind or vision impaired is meaningful, fun and good for your mental health and well-being.

Volunteering with BSRV can:

- give you a sense of achievement and purpose, improve your self esteem and increase your confidence.
- help you share your knowledge and learn new skills that may help with employment.
- help you practice and develop your social and communication skills.
- enjoy and share new experiences while helping others.
- help you feel part of a community, meet new people and friends.
- feel more connected and valued.
- help people who would otherwise be isolated to connect with others, be healthy and enjoy life.


www.blindsports.org.au

“Volunteering is always beneficial. It gives an opportunity to broaden a perspective and appreciate life more in general.”

“I don't see it as 'volunteering', but as going out to spend time with my friends.”



 **Volunteer with us**

Volunteering is a life changer

for volunteers and for those they help 

Our volunteers gain great benefit from assisting people who are blind or vision impaired, while also enjoying many valued experiences.

BSRV can only exist with volunteers like you.

Join our volunteer team

We provide training so you can be confident to assist, join in, have fun, learn new skills, meet new friends, stay active and be involved.

 **BLIND SPORTS**
& Recreation Victoria

Training and support

All volunteers are given an induction to BSRV and our programs before starting. You will also be trained in working with, guiding and communicating with people who are blind and vision impaired.

At BSRV you will have a member of staff who is directly responsible for you. This person will offer ongoing support, so you can make the most of your time with us. We want you to feel welcome and an important part of our team!

Ways you can help

- Join our Walking with Willpower program and become a regular walking buddy in your local area.
- Assist at sport and recreation programs such as blind tennis, AFL, cricket, aquatics, excursions, camps, group walks and more.
- Driving: volunteers play a vital role in transporting people with vision loss to and from sport and recreation activities.
- Coordinating or coaching blind sport and recreation programs.
- Representing BSRV at expos, exhibitions and other special events.
- Skilled professional volunteering: if you have a particular skill or an idea about how you could help, please get in touch.
- Administration: assisting with data entry, IT support and other tasks.
- If you are interested in becoming a member of our voluntary Board and have experience in fundraising and marketing, please contact us.



Who can volunteer?

- Volunteers must be at least 18 years of age and firstly attend an interview with a BSRV staff member.
- We welcome volunteers from all walks of life and diverse multicultural backgrounds.
- A national police check, and for certain programs a Working with Children check, is required, together with two referees.
- Our volunteers are appreciated and acknowledged at events throughout the year.

Join us
Join in



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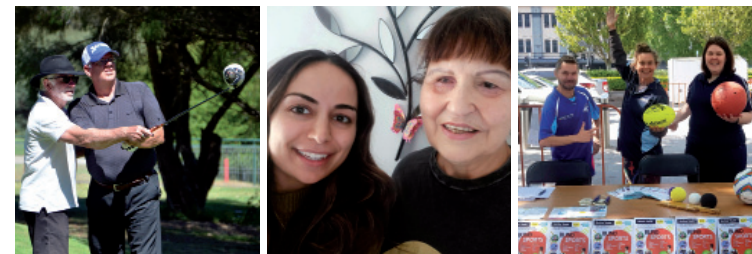
About BSRV

Blind Sports & Recreation Victoria (BSRV) was established in 1977 to promote health and well-being for people of all ages who are blind or vision impaired.

As a small non-profit organisation, we have a personal, flexible and inclusive approach, ensuring that we meet individual needs. The social nature of our programs help improve mental health, while also strengthening social connections.

Our programs are for all members of the community, regardless of their ability, religion, age, gender, sexual orientation, cultural background or economic circumstances.

As a Deductible Gift Recipient charity registered by the Australian Charities and Not-for-profits Commission, donations of \$2 or more are fully tax deductible.



Join us so others can join in

The 'Emerging Stronger' volunteering project was supported by the Victorian Government.





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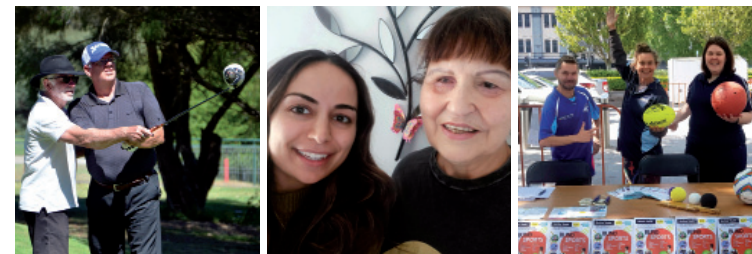
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