

Discover why it's all about Active Teens

The Active Teens Program assists teens who are blind or have low vision to experience the same opportunities as their peers - to try new things and get involved in sports and recreation activities and find something they love to do.

ACTIVE TEENS makes it easy to JOIN IN.



Get involved in sports and recreation

Our aim is to match teens with well trained, supportive coaches and facilitators, to challenge them and to encourage them to have a go. With support, teens can build confidence in their abilities and can discover a life long passion.

Active Teens is excited to announce a range of new group activities, as well as a new program called Active Teens Local - working with families to find local activities, close to home. **More fun, less travel.**

What's on



AFL Blind Clinic with Hawks Ned Brewer-Maiga AFL Blind champion

Saturday 10 April 10.30 - 12 noon

Venue: Dorothy Paul/John Coleman Field, Hockey Drive, St Kilda (off Aughtie Drive)

FREE EVENT

[Learn more](#)

Come for a kick, learn some new skills, meet a star and have some fun!

Come and join Hawthorn Football Club AFL Blind star, Ned Brewer-Maiga for a fun, but gentle introduction to AFL Blind. An MVP in the Victorian Blind Football League, Ned works for Hawthorn Football Club to get kids of all abilities involved.

It will be a fun packed morning so come for a kick and see what Blind Footy is all about. Preteens and teens are all welcome and will participate with similar age and skill levels.

Join us and join in. We would love to see you there.

To register please email Allie - allie@blindsports.org.au or call Blind Sports and Recreation Victoria on 03 9822 8876

You can also register your interest via [Facebook](#)



Out There Sailing

Saturday 17 April 2021

The Boatshed
3 Aquatic Drive, Albert Park

10.30 - 11.30am or 11.30 - 12.30pm

\$15

Join us & join in.

[Learn More](#)

Feel the breeze in your sail and the wind in your hair!

Sailing Australia invites teens who are blind or have low vision to join 'Out There Sailing' on Albert Park Lake. 2 sessions available.

Join our 'Out There Sailing' holiday program during the April holidays.

This introduction to sailing will be a safe and fun activity for young people. Teens will get to know their way around the boats, and will have one on one coaching out on the lake with trained Sailing Australia coaches.

To register or for more information please email Allie - allie@blindsports.org.au or call Blind Sports and Recreation Victoria on 03 9822 8876



Active Teens Blind Tennis Program Term 2, 2021

11.30am - 12.30pm Sunday mornings
2 May to 5 June 2021 - 6 weeks

Clarinda Tennis Club
4-14 Crawford Rd, Clarinda

\$50 per term.

Join us & Join in.

[Learn more](#)

Join in, get involved, meet other teens and have a go at Blind Tennis!

BSRV and Clarinda Tennis Club are excited to offer this exciting opportunity to teens to get involved in a six week blind tennis program during Term 2, 2021.

Active Teens programs are relaxed and social and let teens who are blind or have low vision work at your own pace to learn the skills you need to get involved.

To register, or for more information, contact Allie - allie@blindsports.org.au or call Blind Sports and Recreation Victoria on 03 9822 8876



Discover fun activities close to home with ACTIVE TEENS LOCAL

How does it work?

BSRV recognises how hard it is for many families to get to activities specifically designed for teens who are blind or have low vision. To support families to overcome this challenge BSRV is excited to announce the launch of Active Teens Local.

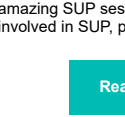
Active Teens Local supports families in metro and regional Victoria to get teens more active, by working alongside parents, carers and teens to find sports and recreation opportunities within their local area. This includes finding activities your teen wants to do and accessing modified equipment.

BSRV Active Teens Local will also work with clubs and activity providers to train coaches and staff how to work with people who are blind or have low vision to learn and have fun in a safe environment.

To find out more including how we can work with you and your teen, please contact activeteens@blindsports.org.au

Join in, get active, make friends & have fun

ACTIVE TEENS - We joined in!

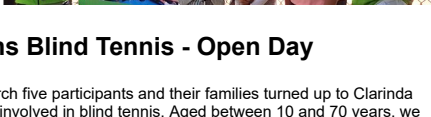
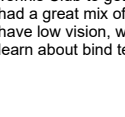


Stand Up Paddle Boarding

"Yes, I fell in a few times, but that was all a part of the fun" Bianca, age 13.

Coasting Stand Up Paddle Boarding with Surfing Victoria - 6 teens had an amazing SUP session in Brighton. If you want more information on getting involved in SUP, please contact activeteens@blindsports.org.au

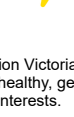
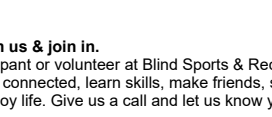
[Read more about Bianca's Paddle Boarding fun](#)



Active Teens Blind Tennis - Open Day

On Sunday 28 March five participants and their families turned up to Clarinda Tennis Club to get involved in blind tennis. Aged between 10 and 70 years, we had a great mix of beginners and passionate tennis players who are blind or have low vision, who worked with the coaches from Clarinda Tennis Club to learn about blind tennis and improve their skills.

[Read the whole article](#)



Please join us & join in.

As a participant in our volunteer at Blind Sports & Recreation Victoria we support you to stay connected, learn skills, make friends, stay healthy, get active, have fun and enjoy life. Give us a call and let us know your interests.

As a volunteer there are many ways to help

Volunteers gain great benefits from assisting people who are blind or vision impaired, while enjoying many valued experiences.

BSRV can only exist with volunteers like you. Join us & Join in.

Register your interest [online](#), send us an [email](#), or call us **03 9822 8876**

[Learn more about volunteering](#)

Donations make our programs possible. Please donate today!

